

Day Surgery Center

Pre-Op:

Instructions before surgery

Welcome to the Day Surgery Center. We are glad that you have chosen to have your procedure here. The following instructions are provided to promote your safety and prevent any delays in your procedure.



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Location

2400 Dundee Road
Winter Haven, FL. 33884

Telephone & Fax

Phone: (863) 293-8471
Fax: (863) 508-1390

Hours

Monday – Friday
6:00 AM – 4:30 PM



General Instructions

Bring with you:

1. Insurance card
2. A form of ID such as a driver's license.
3. A form of payment if you were notified.

We accept Cash, Check, Visa, or Mastercard. We do not accept American Express or Discover.

A nurse will call you the day before surgery and advise you at what time to arrive at the Day Surgery Center for your procedure. If you are unable to arrive as instructed, please let us know if you are encountering problems. Please make arrangements to be here at the time you are told. Occasionally, we may have a change in our schedule due to unforeseen circumstances. We will contact you if scheduling problems arise. It is important to give us accurate methods of contacting you.

The Day Surgery Center is an ambulatory surgery facility. You will be discharged from the facility generally within 30 minutes to 1 hour after your surgery is completed. You will receive information on your discharge care prior to leaving the facility.

If you have any questions or concerns regarding your procedure, or about any of the above instructions, please call the Day Surgery Center at (863) 293-8471 and ask to speak with a "Pre Operative" nurse. If you have a financial or insurance concern, ask to speak with the billing department.

Dress

- Leave all valuables at home.
- Shower the day of your surgery and brush your teeth but do not apply makeup, fragrance, or hairspray. Remove nail polish if your procedure is on your arm or hand.
- Wear warm, comfortable, loose clothing. Have your family member or friend wear something warm or bring a jacket or sweater, as it tends to be cold in the facility.
- If you wear dentures, do not glue them as they may need to be removed.
- You must remove your contact lens so be sure to bring a case.
- If you wear glasses, bring a case for them.
- If you wear hearing aids, please wear them to your procedure.

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Medications

- You SHOULD take all the following prescribed medications on the day of your procedure with a small sip of water: Heart medications, thyroid, blood pressure medications, seizure medications, anti-anxiety medications, pain medications (if you have chronic pain), medications for heartburn or GERD (gastric reflux). Please use your inhaler or nebulizer treatment the morning of the procedure if you have asthma, emphysema or COPD.
- You SHOULD NOT take any blood thinners on the day of the surgery unless otherwise instructed by your doctor. Ask your surgeon if it is necessary to stop taking them several days prior to your procedure.

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Diabetics

- Check your blood sugar on the morning of the procedure. If it is under 60 or over 200, please call the Day Surgery Center and ask to speak to a nurse.
- Diabetics SHOULD take ½ of their normal morning dose of Insulin if the procedure is scheduled prior to 12:00 PM. If the procedure is AFTER 12:00 PM, DO NOT take the morning dose of Insulin.
- Please call and speak to a nurse at the Day Surgery Center if you have any concerns.
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Colonoscopy Patients

- Please make sure to do the prep the day before surgery as directed by the Physician's written instructions.
- You SHOULD NOT eat any solid food the day before surgery, only clear liquids and jello (no red jello).
- Do not drink or eat anything after midnight the day of the procedure.

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